



International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493

P-ISSN: 2616-4485

www.homoeopathicjournal.com

IJHS 2023; 7(3): 344-347

Received: 06-05-2023

Accepted: 15-06-2023

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Miracle of homoeopathy in umbilical sinus case

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DOI: <https://doi.org/10.33545/26164485.2023.v7.i3f.931>

Abstract

Homoeopathy has good scope in treating surgical cases like Appendicitis, renal calculi, Peptic ulcer etc. Umbilical sinus is a rare entity which requires surgically tissue repair in most of the cases. This process is also expensive. But our homoeopathic medicine shows excellent result and recovery of patient within couple of month.

Keywords: Homoeopathy, sinus, surgery

Introduction

A sinus is a blind- ending tract connecting a cavity lined by granulation tissue to an epithelial surface. Often this cavity is filled with pus. Sinuses are divided into 2 parts. One is congenital and other is acquired. Congenital sinuses are the remnant of persistent embryonic ducts while acquired sinuses can result from A retained any foreign body (in grown hair or suture material), some chronic infection like Tuberculosis, osteomyelitis etc, chronic inflammation, Malignancy or inadequate surgical drainage of the cavity. In Allopathic way this entity comes under surgical case because sinuses are not responding much to conservative treatment. Sinus can be reopened and repair it surgically. There are excellent medicines in homoeopathy to treat such a cases without any surgery. Some homoeopathic medicine are having tendency to expel the foreign material present inside cavity.



Fig 1: Umbilical Sinus

Umbilical Sinus: This is usually results from the continued presence of the umbilical end of the vitelline duct. In the foetus, the vitelline duct connects the foetal midgut to the yolk sac. This normally obliterate & disappear completely. If this duct persist in part, such sinus develops.

Investigations of sinus

1. Examination of discharges macroscopically, physically, chemically, microscopically & bacteriologically.
2. X-Ray examination: Injection of radio-opaque fluid into a sinus or fistula will indicate the depth as also cause of the sinus by delineating its course.

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Case of Umbilical Sinus

Name: Mr SDP
 Age: 22 yr old, Male
 Date: 05/05/2022
 Address: Tal: Kavathemahankal, Dist: Sangli, State: Maharashtra, Country: India
 Occupation: Medical student

Chief Complaint: C/o Discharges from umbilicus from 1 month.

Patient has taken allopathic treatment for it later on physician advised him to do surgical repair of this sinus. Then he decided to take homoeopathic treatment for the same.

Complaint started slowly by uneasiness at umbilical region. Sticky⁺², pale yellowish discharge⁺³, offensive⁺³, Pain stitching type⁺²
 < by Daytime⁺², Motion⁺²
 >by Night⁺², Rest⁺²

P/H: No any
 F/H: Father- DM since 5 yrs

Physical generals

Vital Signs
 Desire: Sweet⁺³
 Pulse: 80 beats/ min
 Aversion: Milk⁺³
 BP: 130/70 mm of Hg
 Urine: Satisfactory.
 RR: 16 cycles/ min
 Stool: Satisfactory
 Temp: 98.8⁰F
 Sleep: Disturbed
 Local Examination: pus like discharge from umbilicus,
 Dreams: no specific

Offensive⁺²,

Life Space: patient is a medical student. He belongs to poor family from one of the village of Solapur district. His father is farmer & mother is a Housewife. Since childhood, he is very much irritable, introverted. He suppresses his anger most of the time. One incidence was happened in college. He wouldn't like to mix up with other boys so one teacher kept away him from sports arrangements. So he became very much angry. He went directly in his department started shouting and asking for teacher's behavior against him. After few minutes he went into conversion reaction because of suppressed anger. He don't like keep himself upto-date. He is ragged philosopher. He always tries to explain the things in much detail. He shows in front of people what he is not actually. He is money oriented and miser person. He is very much about his fiancée that she shouldn't left him in the future.

Totality of symptoms

- 1) Pus like discharge from umbilicus
- 2) Offensive discharge
- 3) Sticky discharge
- 4) Stitching type of Pain
- 5) < Daytime
- 6) < motion
- 7) >Night
- 8) Sweet desire
- 9) Milk aversion
- 10) Insecurity
- 11) Suppressed anger
- 12) Dirty
- 13) Miser

Repertorization

Remedy Name	Lyc	Calc	Sep	Kali-c	Staph	Phos	Puls	Sulph
Totality	39	37	35	34	34	34	34	34
Symptoms Covered	12	11	11	11	11	10	10	9
Kingdom								
[Complete] [Abdomen]Discharge:Umbilicus: (18)	1	3		3				
[Complete] [Generalities]Discharges, secretions:Offensive, fetid: (645)	4	4	4	4	4	4	4	4
[Complete] [Generalities]Discharges, secretions:Thick: (483)	4	4	3	3	3	4	4	4
[Complete] [Generalities]Discharges, secretions:Yellow: (636)	4	4	4	3	4	4	4	4
[Complete] [Generalities]Daytime:Agg.: (409)	4	4	4	4	3	4	3	4
[Complete] [Generalities]Night, nine pm. - five am.:Amel.: (96)	4	1	1	1	3	1	3	
[Complete] [Generalities]Motion, motions:During: (860)	4	4	4	4	4	4	4	4
[Complete] [Generalities]Pain:Stitching: (957)	4	4	4	4	4	4	4	4
[Complete] [Generalities]Food and drinks:Sweets:Desires: (278)	4	3	3	4	3	3	3	4
[Complete] [Generalities]Food and drinks:Milk, milk products:Aversio...	1	3	4	1	4	3	4	3
[Complete] [Mind]Insecurity: (64)	4	3		3				
[Complete] [Mind]Sadness:Miserable: (15)			3					

Repertorizaion table

Probable remedies

Lycopodium
 Calcarea carb

Kali –carb
 Staphysagria
 Sulph

Final selection of remedy: calc sulph

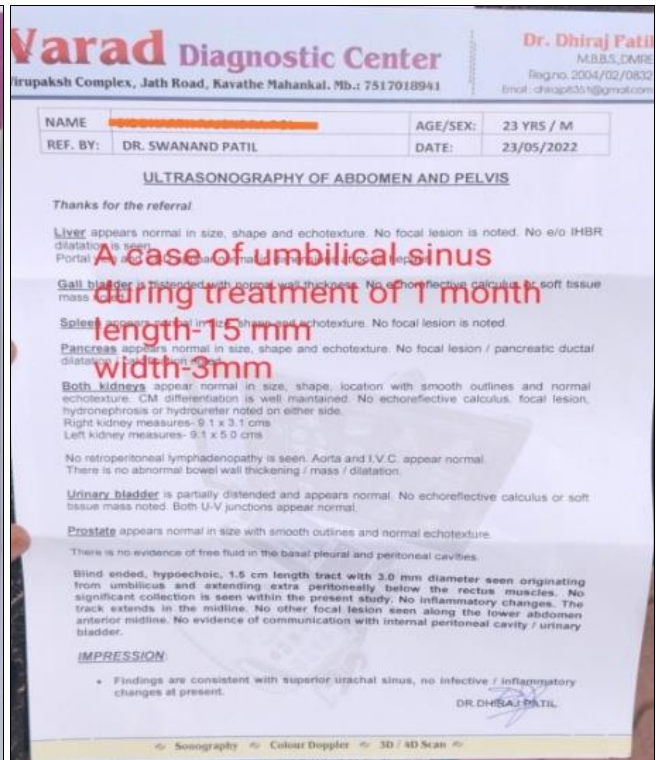
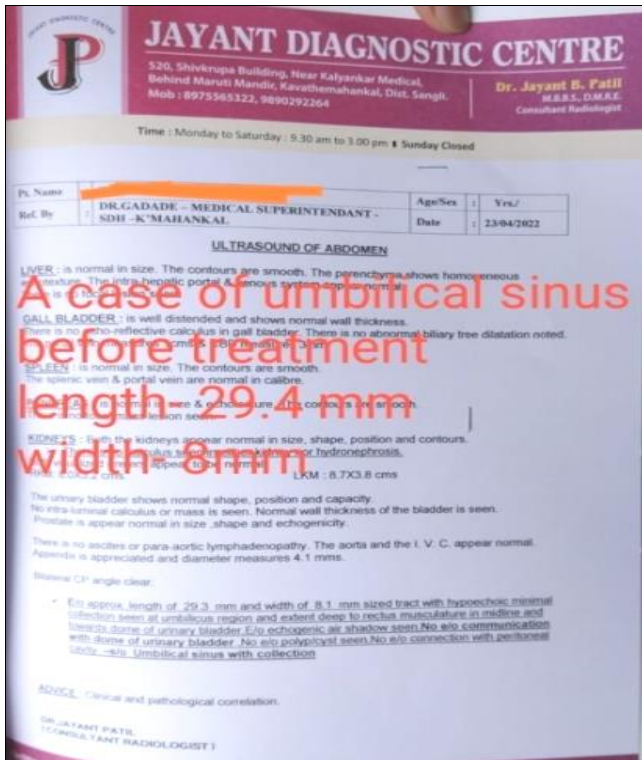
Reason: As per the totality, patient shows the both features of calcarea carb & sulphur also. We selected remedy on the basis of synthetic prescription. The pathology also covered by calc sulph rather it works well in the cases of sinus and fistula. Person shows the characters of discharges, his expressions, insecurity & suppressed anger as per the both calcarea and Sulphur.

Potency selection: 6X thrice in a day repetition

Reason for potency selection

- 1) structural changes
- 2) moderate susceptibility
- 3) seat of disease
- 4) moderate sensitivity

Prescription: Calcarea sulph 6X 3 tablets thrice in a day



USG report before & after treatment

Follow up

19-05-2022	Sleep- good Patient feels better. No fever or any new symptom Discharges from umbilicus > 40% Smell > 50% Stitching pain > 50% BP=130/80 mm of Hg	Calc sulph 6X TDS for 15 days
06-06-2023	USG abdomen done on 23-05-2023 Sinus length and diameter reduced upto 50% No discharge from umbilical discharge No smell, fever BP- 120/70 mm of Hg	Calc sulph 6X TDS for 1 month
07-07-2023	Umbilicus is dry No any pain Patient was satisfied due to saving of money for surgery	Placebo for 2 weeks

Conclusion

There are so many specific drugs for specific disease condition. But we need to repertorize each and every case to reduce the chances of selection of wrong medicine. We reach upto the specific remedy many times but it would have logical and scientific explanation for selection of correct similimum. Selection of potency is also important in the process of curing pathological conditions. We can treat such a surgical cases by homoeopathy and save the money of patients which require for surgery and also avoid the surgical suppression in them.

Conflict of Interest

Not available

Financial Support

Not available

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How to Cite This Article

Patil SM. Miracle of homoeopathy in umbilical sinus case. International Journal of Homoeopathic Sciences. 2023;7(3):344-347.

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