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## Comparative analysis of Lachesis and naja tripudians in cardiovascular diseases

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### Abstract

Lachesis and Naja belongs to Ophidia group of medicines. Both these medicines are prominently mentioned as curative medicine for many diseases of cardiovascular system. For treating cardiovascular diseases, a homoeopathic physician must know what is curative in homoeopathic medicines along with proper disease diagnosis. Differential and comparative study of Lachesis and naja will helps us to select our similimum in cardiovascular diseases with more clarity.

**Keywords:** Lachesis, naja tripudians, ophidia group, comparative analysis, cardiovascular diseases

### Introduction

All medicines belonging to Ophidia group are having hemorrhagic diathesis and affect cardiovascular system in one way or another. Prominent among them are Lachesis and Naja tripudians. Many general symptoms of Ophidia group are exhibited by Lachesis and Naja because of their same lineage but it is the speciality of Homoeopathic individualization of characteristics which make them stand apart as individual medicines. For understanding the art of Homoeopathic prescription, the common as well as differential symptoms of Lachesis and Naja is given in this study.

### Discussion

#### Common group symptoms in Lachesis and Naja Tripudians

- Marked Periodicity is observed in aggravation of symptom from change of cold into warmer climate, in spring and in damp weather.
- There is a tendency of symptoms to move from left to right.
- Blue or purple discoloration is observed as a concomitant of many complaints.
- There is a characteristic sensitivity to pressure of clothing and feeling of constriction in different parts of the body, especially throat.
- Aggravation from sleep is so much marked that patient sleeps in aggravation.
- Patient is relieved by onset of any kind of discharge, more marked in Lachesis.
- Patient gets dreams related to death and suicide.
- Disturbance of time, sense, impaired memory and swelling of tongue is also seen as concomitant in many Ophidia medicines.

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**Table 1:** Comparative analysis of Lachesis and Naja Tripudians in Cardiovascular diseases–

Heart ailments		Lachesis	Naja Tripudians
Angina Pectoris- Chronic Angina Pectoris -	Causation -	<ul style="list-style-type: none"> <li>Physical exertion</li> <li>Menopause</li> <li>Grief – death of loved ones</li> <li>Grief- past offenses</li> <li>Discords ailments</li> </ul>	<ul style="list-style-type: none"> <li>Physical exertion,</li> <li>Grief</li> <li>Anaemia</li> </ul> Chronic Angina pectoris causing Hypertrophy of heart.
Heart attack -	Symptoms –	Pain heart; Agg.- <ul style="list-style-type: none"> <li>Lying on left side, after menses.</li> </ul> Amel.- <ul style="list-style-type: none"> <li>Lying on right side.</li> </ul> Sensation - <ul style="list-style-type: none"> <li>Feeling of oppression, lying on left side.</li> <li>Sensation as if heart has stopped beating with anxiety in heart attack.</li> </ul> Character of pain – <ul style="list-style-type: none"> <li>Crampy</li> <li>Suffocative feeling</li> <li>Fear of death.</li> <li>Oedema due to heart failure</li> </ul> Pulse- <ul style="list-style-type: none"> <li>Feeble and intermittent with sinking.</li> </ul>	Pain heart; Agg. - <ul style="list-style-type: none"> <li>Night,</li> <li>Can lie only on right side.</li> </ul> Pain, extending to – <ul style="list-style-type: none"> <li>back of left hand,</li> <li>nape of neck</li> <li>shoulder</li> <li>to scapula.</li> </ul> <b>Sensation</b> <ul style="list-style-type: none"> <li>Sensation as if ovaries and heart are drawn together.</li> </ul> Character of pain – <ul style="list-style-type: none"> <li>Dragging</li> </ul> Anxiety, Fear of death during heart attack. Pulse- <ul style="list-style-type: none"> <li>Slow and irregular</li> </ul>
Congestive heart failure		<ul style="list-style-type: none"> <li>Right ventricular dilatation</li> <li>Dropsy from Heart disease.</li> </ul>	-----
Fatty degeneration of Heart-		-----	Present
Endocarditis		<ul style="list-style-type: none"> <li>Acute endocarditis after diphtheria and after scarlantina.</li> <li>Malignant endocarditis.</li> <li>Rheumatic endocarditis; anxiety in heart in rheumatism.</li> </ul> Pain – <ul style="list-style-type: none"> <li>Spasmodic in rheumatism</li> </ul> Fibrin deposits on surfaces of walls or membranes.	<ul style="list-style-type: none"> <li>Valvular heart disease in angina pectoris,</li> <li>Valvular incompetence with murmurs.</li> </ul>
Pericarditis		With Irregular heartbeat	Present
Palpitations-		Menopausal period, Agg. – <ul style="list-style-type: none"> <li>Morning, waking from sleep, sitting, rising from seat, during pains,</li> <li>Warm bath, warm room, warm soup</li> </ul> With trembling, Visible palpitation	From nervous causes Agg.- <ul style="list-style-type: none"> <li>Motion of arms aggravate</li> <li>From talking, talking impossible,</li> <li>Unable to speak, walking.</li> </ul>
Reynaud’s disease		Discoloration - <ul style="list-style-type: none"> <li>Blue or purple.</li> </ul>	<ul style="list-style-type: none"> <li>Blue</li> </ul>
	Other symptoms	<ul style="list-style-type: none"> <li>Marked sensitivity to pressure of clothes,</li> <li>Sensation of constriction around throat and abdomen, agg. at night, touching throat.</li> <li>Patient sleeps in agg. and agg. after sleep.</li> <li>Dreams of death, of snakes.</li> <li>Rapid loquacity,</li> <li>Crying ameliorate pains.</li> <li>Pains and other complaints Ameliorated by discharge</li> </ul>	<ul style="list-style-type: none"> <li>Disturbed by closeness of collar.</li> <li>Sleep agg.</li> <li>Dreams of suicide</li> <li>Teary, crying easily.</li> <li>Is indicated in valvular troubles of heart in young persons who grow up with cardiac valvular disease.</li> </ul>
Mind -		<ul style="list-style-type: none"> <li>Dominating, Egotistical and Haughty.</li> <li>Violent fits of anger.</li> <li>Anger with jealous and incoherent talk.</li> <li>Anger if things are not as per his will.</li> </ul>	<ul style="list-style-type: none"> <li>Serious,</li> <li>Depression and forgetfulness, consciousness of duty to be performed but attended it unacceptable inclination not to do it.</li> <li>Suicidal insanity</li> </ul>

**Conclusion**

From above comparative analysis of Lachesis and Naja Tripudians, we have come to conclusion that Lachesis is more indicated in inflammatory diseases of heart where as

Naja tripudians more indicated in organic diseases of heart along with valvular complications.

Grief in Lachesis may produce any heart ailments where as in Naja, it produces only angina pectoris. The presence of

mind symptoms like Anger, Egotism, Dictatorial behaviour, Incoherent talk , Loquacity and Jealousy, if present with symptoms of heart disease, Lachesis is indicated whereas presence of Grief , Nervousness and Duty consciousness in patient with heart complaints is indicative of Naja Tripudians. Lachesis is confident whereas in Naja everything seems wrong.

We conclude from above comparative analysis of Lachesis and Naja tripudians that the presence of general symptoms of Ophidia group like sensitivity of throat and abdomen to tight clothing, aggravation from sleep, warm, presence of periodicity and peculiar discoloration of surface is like a ray of light at the end of the tunnel to finally enable us to reach at similimum with the help of comparative study.

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