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Efficacy of rare homoeopathic remedies in urinary tract infection through boericke's repertory

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Abstract

The Urinary tract Infection is used for infections that occurs in any part of the urinary tract. It is the most common infection that occurs in primary care centres in rural areas. The occurrence of Urinary tract infections in elderly men under 50 years is low. The chances of Urinary tract infection in women are 30 times more common in comparison to men. UTI can be classified into simple or complicated, which will guide us to choose the medicine accordingly. In this article, we talk about efficacy of uncommon homoeopathic medicines which to be found useful in reducing the prevalence and recurrences of urinary tract infections and thus avoiding unnecessary damage done by Antibiotics.

Keywords: Urinary tract infection, homoeopathy, recurrence, homoeopathic rare medicines

Introduction

Urinary tract infection is an infection in any part of the urinary system. The urinary system consists of the Kidneys, Ureters, Bladder, and Urethra. Maximum infection of urinary tract involves the lower urinary tract: The Bladder and the Urethra. Females are more prone to have urinary tract infections than males, because of shorter urethra. About 10% of women will get a urinary tract infection yearly. Approximately 1%-3% of patients in general practice are found to have UTI. Urinary tract infections commonly occur between the age group of 16-45 years. Different risk factors that could increase the risk of UTI are sexual activity, pregnancy, age, structural issues in the urinary tract, and poor hygiene conditions.

Signs and symptoms of Urinary tract Infection-

1. Fever (Low to high grade)
2. A Strong urge to urinate at short intervals.
3. Burning pain while urinating
4. Urinating often and passing a small quantity of urine.
5. Urine is usually cloudy and darkish yellow, while in severe conditions it is pink/red in color.
6. Strong odorous and scanty urine
7. Dull pain Lower abdomen or Pelvic region etc.

Pathogenesis- A Variety of pathogens like Gram-negative and Gram-positive bacteria, and fungi are the main causative factors of urinary tract infection. The most common causative organism for both simple and complicated urinary tract infections is Uro- Pathogenic Escherichia coli. Other causative agents are Klebsiella pneumoniae, Staphylococcus saprophyticus, Enterococcus faecalis, Group B Streptococcus, Proteus Mirabilis, Pseudomonas aeruginosa, and many others.

Differential Diagnosis- Some signs and symptoms of the Lower urinary tract are very similar to symptoms of diseases like Kidney stones, Bladder stones, Pelvic inflammatory disease, Pyelonephritis, Urethritis, vaginitis, etc. Lower urinary tract contamination hardly ever causes any complications but if left untreated it may cause a few severe complications.

Investigations: To diagnose urinary tract infection commonly used investigations are Urinalysis (to see more than one variable together with nitrites, Leukocyte esterase, and white blood cells), Urine culture, Ultrasound (to see any pathological changes in internal

organs), Cystoscopy and CT-Scan. Early treatment can decrease the spread of the infection from the kidneys or bladder, and it may also prevent it from recurrence.

Why to choose Homoeopathic treatment

Commonly people take Antibiotics and different supportive measures for the treatment of urinary tract infections. In rational uses antibiotics cause antibiotic resistance and also lead to organ damage. So to avoid the ill effects of antibiotics and their dependency, patients consult to homoeopathic physician for the permanent elimination of the subsiding signs and symptoms.

Homoeopathic treat the patient on the basis of Individualization. In UTI also treatment is based on a person as a whole as well as his pathological condition. Homoeopathic medicine will enhance resistance to infection by stimulating the immune system. The disease can be treated in a very short interval of time, in a settled manner. Many homoeopathic drugs have their action similar to catheters leading to the free flow of urine from the bladder without any surgical intervention.

Homeopathy treatment is based on the principle "Similia Similibus Curanter" which means like a cure by like that a disease may be cured by something that can cause similar symptoms. Homeopathic medicines are mild, gentle, easy to take, and with no side effects. In this article, we will discuss some rare homoeopathic drugs which can be used in the treatment of urinary tract infections.

Rare Homoeopathic Medicine which can be used in the treatment of Urinary tract Infection

Epigaea repens: Chronic painful bladder condition with pain during micturition, Frequent urge for urination after micturition, muco-pus and uric acid deposits, gravel, and Stone in Kidney. satisfactory sand in the urine of brown in color. Discomfort with Burning in the bladder whilst micturating and tenesmus afterward. Patient loss the control of bladder for urine with strangury and urinary tenesmus". A copious deposit of brown sand in urine.

Equisetum hyemale: The medicine acts well on the bladder. Severe, dull ache with a feeling of fullness in the bladder even after micturition. Frequent urge to urinate with severe pain at the end of urination. The urine comes out in drops, During micturition there is sharp cutting and burning pain in the urethra. Dribbling of urine in children, with nightmares when urinating. Loss of bladder control in old females, with fecal incontinence in the aged. There is difficulty in urinating and completely emptying of bladder during pregnancy and post-partum. A lot of mucus is present in urine with difficulty in emptying of bladder. A lot of mucus on standing with cloudy urine. Frequent urination at night, Enuresis, and Involuntary urination that happens during the day time.

Hydrangea arborescens: Feeling of discomfort due to burning in the urethra and passing urine at short intervals of time: urethritis. Difficulty coming out of urine. There is an excess amount of mucus in urine, and a dull ache or intermittent pain in the kidney region, especially on the left side of the body. A strong desire to drink with prostate enlargement and pain in the lower abdomen. Excess deposit of mucus in urine, the feeling of constriction and narrowing in the urethra. There is an excess deposit of white

amorphous salts. When a well-selected homeopathic medicine fails to give effect, the fluid extract of *Hydrangea* can be given to the patient, a teaspoonful, every 4-hour intervals of the day, it gives a remarkable result in improving signs and symptoms.

Pareira Brava- Chondrodendron tomentosum: Urine is Dark, thick mucoid and blood-colored. Continuous urging to pass urine, Pain goes down to the thigh, required great strain in passing urine. Urine only comes out when the patient goes on his knees and presses his head softly against the floor. Neuralgic pain in the anterior and upper part of the leg, Dribbling of urine after micturition. Pain may range from mild discomfort to severe agony at the tip of the penis or opening of the urethra. Pain and swelling with redness of the urethra and in the prostate. The urethra becomes almost cartilaginous causing intense pain during micturition.

Petroselinum sativum

The patient can't hold the urine for a long time. Discomfort feeling due to burning and tingling pain which radiates from the perineum to the urethra. Voluptuous tickling is itching in the end portion of the urethra which is the Fossa Navicularis. Gonorrhoea: Sudden urge to urinate that is hard to control. Urgency incontinence, with white milky discharges and burning pain in the urethra. Severe agony of pain which makes the patient jump up and down while passing urine. Scanty to copious urethral discharges which are albuminous yellow in character.

Thlapsi bursa Pastoris- Capsella- Excess of urine volume - Polyuria, urine is phosphatic in character. There is an Urge to urinate frequently. This medicine acts well in chronic, painful bladder conditions lasting for a long time. Difficulty in emptying urine with pain and spasms during micturition. Collection of Sand particles in urine which causes Renal stone and Renal colic. Blood in urine- Brick color sediment in urine. Inflammation of the urethra passes a small volume of urine. This medicine decreases the use of catheters. Large amounts of sand particles are present in urine with a foul smell urine. This medicine removes the obstruction in the urethra and increases the flow of urine which gives relief to the symptoms of dropsy. Painful urination in aged persons with dribbling of urine. Slow and painful discharge of urine after delivery.

Conflict of Interest

Not available

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