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Homoeopathic management of female voiding dysfunction

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Abstract

In climacteric age the woman suffers with many disorders, one among them is voiding dysfunctions. There are several causes for voiding dysfunction. In Homeopathic system of medicine, the patient is treated with symptom similarity irrespective of the cause, she is a case based on the totality of symptoms, Causticum is prescribed to woman suffering with voiding dysfunctions.

Keywords: Voiding of urine, feeble stream, causticum

Introduction

Climacteric Age is critical movement for Woman, as she has to undergo various changes mentally, physically due to hormonal changes. Urinary incontinence complaints are common in At least in 30% to 50% of climacteric woman. Few percent of woman suffer with voiding of a urine. Thereupon she struggles to pass the urine.

Voiding dysfunction can occur due to failure or deficient action of relaxing pelvic floor muscles or due to nerve dysfunction. Voiding dysfunction is classified by finding out whether the cause lies in bladder (detrusor) or outflow (urethra). Lower urinary tract symptoms, bowel symptoms, sexual dysfunction, prolapse symptoms, and pain, pelvic organ prolapse and urinary incontinence are also associated Symptoms of pelvic floor muscle dysfunction.

Neurological, Obstructive, Pharmacological, and Psychogenic these are four aetiologies for Female urinary retention.

The voiding of urine may cause simple retention to renal failure by hydronephrosis and repeated urinary tract infection.

However, in Homeopathic system irrespective the underlying cause patient detailed case history is the only criteria to treat.

Case

One detailed case of Hindu middle class married woman, aged 49 years old, housewife is elaborated here History of difficulty in passing the urine - Since 5 to 6 months, Must wait for longer time to pass urine, feeble stream. Few drops after straining a lot. She has to press her abdomen for few minutes to pass the urine.

Sensation as if urine is not cleared properly, as if some amount remained in bladder.

Frequent urination. Worried about the health because of her complaints.

No history of pain. No history of haematuria.

Complaints started even after dilatation of urethra twice in the span of 6 months.

Backache, bending, standing for longer time. Lying down since 5 to 6 months

She also has acid peptic disorder, complaining of retrosternal burning sensation, heaviness in chest after eating food. Relieved by walking. These kinds of complaints are seen frequently, approximately once in an every week and persists for hours. No history of nausea or vomiting. < Mental exertion since many years.

Breathless on exertion on walking, dust, cold weather and mental exertion > sitting rest. > by taking inhaler every day or every alternate day.

For the last 10 years

She had palpitation. Mood swings, tired feeling, few years back and diagnosed as Hypothyroidism and on treatment since many years known case of asthma, breathless on

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extortion., < cold, <morning, <dusting. >sitting > inhaler almost every day since many years

Personal History

Diet: Non vegetarian Desire: Non veg chicken, roasted chicken

Thirst: Normal Bowels: Regular

Sleep: Sound Dreams: Nothing particular

Menstrual: Meses was regular except few months in between

G3A0P2T2L2- LSCS.

Attained menopause 1 year back.

Mentals: She is sensitive. Emotional for even smallest matter, care and worries for family members. Completely dependent on her husband for any small decision

Past History: Suffered with jaundice and typhoid during childhood Repeated urinary acute tract infection.

Family History

Mother: LH

Father: HTN & DM and on treatment grandmother: asthmatic.

Physical examination: NAD

Investigations done: Urine Culture, Uroflowmetry. All other routine test like CBC, ESR, LFT, KFT, CHETS XRAY, MAMMOGRAPHY.PAP SMEAR, to rule out other diseases. Everything found normal except little COPD changes in X-ray chest and bacterial growth in urine culture and Changes in uroflowmetry. Uroflowmetry is repeated after 1 and half year and found changes.

Kent Repertory was selected as having generals

Reportorial Totality of Symptoms

Mental Generals

Ailments from emotional matters

Anxiety about health

Always Care about domestic affairs

Desire for smoked meat

Physical generals

Generalised weakness

Particulars

Urine scanty

Feeble stream

Frequent

Incomplete unsatisfactory, Retarded, must press long time before, Oppression of chest after eating

Result of Repertorisation

Causticum - 23/11

Puls - 20/10

Nux vom - 19/10

Sulph - 19/9

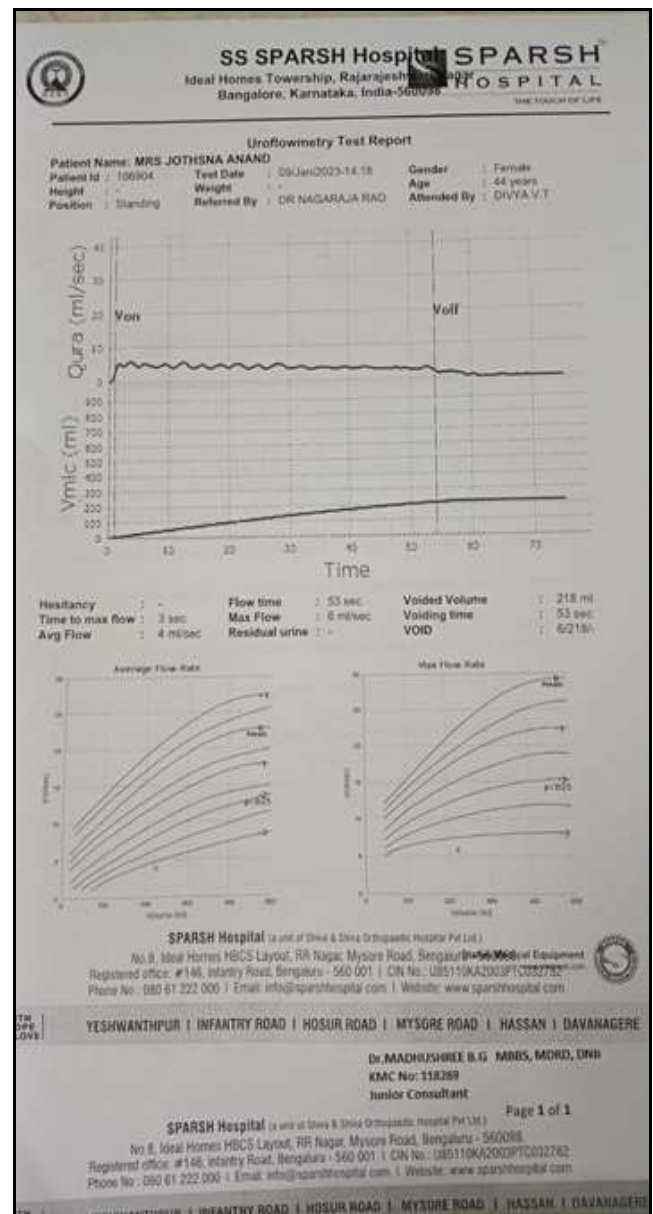
Treatment: Causticum 200/1 Dose Followed By SAC LAC

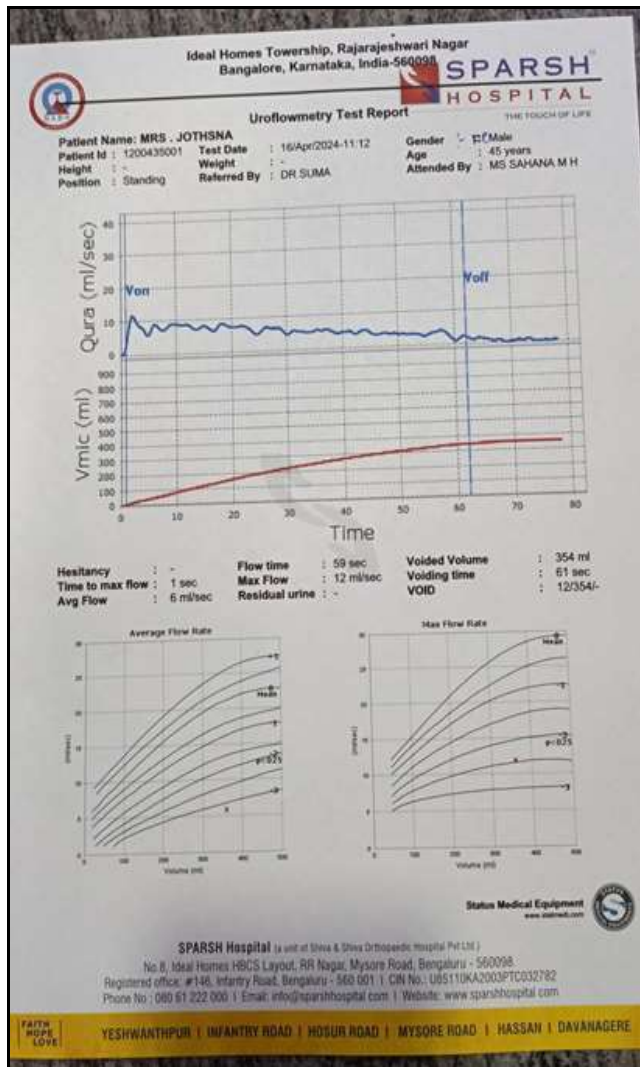
Follow UP

After 15 days patient started getting normal flow gradually but still not completely normal. Sac lac was prescribed One

more dose of Causticum 200 was repeated after 3 months, as the case was stand still Again after 25 days she narrated that improvement in urinary complaints and acid peptic disorder, Sac lac was continued for another 2 months as there was gradual decline in her complaints but again, it was standstill Causticum 1m/1 dose was given in the month of July 2023. Thereafter slight boosting in the improvement. Almost her urination was normal. She got complete relief by November end. In between Aesculus Hippocastinum 200/od for 1 week as there was aggravation in back ache and found relief. Without any strain she is passing the urine till now. Complaints of oppression of chest also has reduced. Backache also has reduced. Breathless has reduced. Now she is taking inhaler only once or twice in a month. After 1-and-a-half-year patient is better but only if she holds the urine for some time and passes, she feels difficulty. Or else immediately after the sensation if she passes, she will be comfortable. She is on sac lac. Till date. Acid peptic disorder has been relieved, asthma attacks are decreased, now she uses inhaler only once or twice in a month.

Reports of Uroflowmetry of a Patient





Analysis

Sl. No	Particulars	Reports before treatment	After treatment
1.	Time to reach maximum flow	3 sec	1 sec
2.	Flow time	53 seconds	59 secs
3.	Maximum flow	6ml/sec	12ml/sec
4.	Voided urine	218 m	354 ml
5.	Voiding time	53 secs	61 secs

Conclusion

After considering the reportorial result, and also few symptoms which are not covered in repertory but covered in therapeutics like generalised weakness. Worries or concerned about family. Emotional, Weakness of bladder and repeated urinary tract infections.

All these suggests the Causticum. Hence Causticum 200 was prescribed. As William Boerick, it should be prescribed in higher potency in paralytic type of symptoms and should not be repeated. Hence one dose was given in the month of Jan 2023. One more dose of Causticum 200 was repeated after 3 months. Causticum 1m/1 dose was given in the month of July 2023. In between Aesculus Hippocastinum 200/od for 1 week as there was aggravation in back ache and found relief. Causticum also relieved asthmatic complaints and back ache. Report shows slight obstruction as it occurs once she passes the urine after holding for

sometime. At home patient is normal. Homoeopathic medicines are dynamic in nature, always said to act on the vital force. Cure is always accomplished with the least possible disturbance to the patient and in the gentlest manner, yet with the most profound effect on the whole individual. With this we can conclude that irrespective of the diagnosis, symptom similarity can relieve the patient.

Conflict of Interest

Not available

Financial Support

Not available

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