



International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493
P-ISSN: 2616-4485
www.homoeopathicjournal.com
IJHS 2024; 8(2): 112-114
Received: 16-02-2024
Accepted: 18-03-2024

Dr. AK Dwivedi
Professor and H.O.D,
Department of Physiology and
Biochemistry, SKRP Gujrati
Medical College, Indore
Madhya Pradesh, India

Observational study: Aplastic anemia & homeopathic for adults

Dr. AK Dwivedi

DOI: <https://doi.org/10.33545/26164485.2024.v8.i2b.1128>

Abstract

Anaemia signifies a decreased amount of haemoglobin in the blood. Anaemia is a common blood condition that affects populations in both rich and poor countries. Aplastic anaemia is pancytopenia with bone marrow hypocellularity, It is a rare disease in which the bone marrow and the hematopoietic stem cells that reside there are damaged. A lifesaver for aplastic anaemia patients, homeopathy has the root cure Also known as bone marrow aplasia, aplastic anaemia is a bone marrow disorder, caused due to multiple reasons. In this paper the role of Homeopathic medicines in treatment of Aplastic Anaemia has been discussed with some case studies.

Keywords: Aplastic anemia, homeopathy, treatment, bone marrow aplasia, haemoglobin, stem cell etc

Introduction

Aplastic Anaemia develops when damage occurs to your bone marrow, slowing down production of new blood cells. A lifesaver for aplastic anaemia patients, homeopathy has the root cure Also known as bone marrow aplasia, aplastic anaemia is a bone marrow disorder, caused due to multiple reasons. The disease was declared fatal due to less effective treatment, but homeopathy medicine has discovered the cure and has been a lifesaver for many. Treating the core disorders, homeopathy presents a root cure for the disorder ^[1]. Around 30% of the world's population is affected by anaemia. The bone marrow disorder, similar to MDS (myelodysplastic syndromes) causes the bone marrow to stop producing new blood cells, causing a condition called pancytopenia, where the blood loses its three main components, red blood cells, white blood cells, and platelets. This results in fatigue, abnormal and uncontrolled bleeding, and being prone to infections and diseases ^[2]. Symptoms of iron deficiency anaemia are general fatigue, weakness, pale skin, shortness of breath, dizziness, strange cravings to eat items that aren't food, such as dirt, ice, or clay, a tingling or crawling feeling in the legs, tongue swelling or soreness, cold hands, and feet, fast or irregular heartbeat, brittle nails, headaches ^[5].

Classification of anaemia ^[3]

Anaemia may be classified in different ways

1. Based upon the morphology of the red cell.
2. Upon the aetiology (the cause of anaemia).

In this paper the role of Homeopathic medicines in treatment of Aplastic Anaemia has been discussed.

Case studies

Homeopathy medicines attempt to stimulate the healthy portion of bone marrow to improve cell production. This may help to reduce the number of cell transfusions. Improve general vitality and well-being of patient to help him fight infections. Homeopathy is Beneficial in countering side effects associated with conventional therapy. Control bleeding disorder associated with Aplastic Anaemia. Its also Balances disturbed immunity.

Corresponding Author:
Dr. AK Dwivedi
Professor and H.O.D,
Department of Physiology and
Biochemistry, SKRP Gujrati
Medical College, Indore
Madhya Pradesh, India

Table 1: Show DIET chart of anaemia patients

| S. No. | Foodstuff | S. No. | Foodstuff |
|--------|--|--------|-----------------|
| 1 | Roasted gram+Jaggery | 11 | Carrot |
| 2 | Warm milk with turmeric | 12 | Sapota |
| 3 | Roasted almond | 13 | Beet |
| 4 | Roasted Soybeans | 14 | Apple |
| 5 | Spinach | 15 | Pomegranate |
| 6 | Papaya | 16 | Raisin |
| 7 | Date | 17 | DriedDates |
| 8 | Gram powder soup + jaggery | 18 | Prunes |
| 9 | Oatmeal + jiggery + milk | 19 | Fish/Egg |
| 10 | Indian gooseberry jam/ Indian gooseberry candy | 20 | non-vegetarians |

Research Conducted as follows

Case-1

Age: 22Y/Female

Date of Consultation: 6/10/19

- Severe Aplastic Anemia
- PNH
- Bluish spot on body
- Headache
- Gum bleeding
- Nose bleeding
- Profuse Menstrual bleeding

CBC Record

Table 2: Show before homeopathy treatment

| Date | HB | RBC | WBC | Neutrophils | Lymphocytes | Platelets |
|---------|-----|------|-----|-------------|-------------|-----------|
| 20/5/19 | 6.4 | 2.06 | 2.7 | 22 | 74 | 8000 |

Table 3: Show after homeopathy treatment

| Date | HB | RBC | WBC | Neutrophils | Lymphocytes | Platelets |
|----------|------|------|------|-------------|-------------|-----------|
| 22/5/20 | 7.6 | 2.27 | 3.2 | 51 | 40 | 20000 |
| 20/6/20 | 6.8 | 1.94 | 3.0 | 49 | 42 | 30000 |
| 02/03/21 | 10.4 | 3.37 | 5000 | 50 | 48 | 51000 |
| 10/6/21 | 11.6 | 3.32 | 7000 | 46 | 42 | 1.12 Lacs |
| 10/12/21 | 12.4 | 3.12 | 6000 | 42 | 45 | 1.74 Lacs |
| 4/3/2022 | 13.8 | 3.4 | 6500 | 44 | 32 | 2.24 Lacs |

Now she is well and not taking Any treatment. Now she is married and settled in Canada

Case: 2

Age: 24Y/Female

Date of Consultation: 19/12/17

- Aplastic Anemia Since January 2017
- Weakness
- Fatigueness
- Tiredness
- Gum bleeding
- Nose bleeding
- Hetrogenous and bulky ovaries
- CA125-positive (148.9)
- Need blood transfusion very often

CBC Record

Before Homeopathy treatment

Table 4: Show after homeopathic treatment

| Date | HB | RBC | WBC | Neutrophils | Lymphocytes | Platelets |
|---------|-----|------|------|-------------|-------------|-----------|
| 15/2/17 | 7.8 | 2.82 | 2000 | 22 | 72.4 | 7000 |
| 8/11/17 | 6.7 | 2.14 | 1.4 | 34 | 60 | 27000 |
| 9/11/17 | 8.4 | 2.73 | 1.7 | 30 | 5 | 26000 |
| 6/12/17 | 6.8 | 2.4 | 1600 | 19 | 75 | 4000 |

Table 5: Show after homeopathic treatment

| Date | HB | RBC | WBC | Neutrophils | Lymphocytes | Platelets |
|----------|------|------|------|-------------|-------------|-----------|
| 10/1/18 | 7.9 | 2.6 | 2000 | 52 | 72 | 20000 |
| 2/3/18 | 8.6 | 2.8 | 2200 | 56 | 70 | 50000 |
| 8/4/18 | 10.2 | 2.73 | 2400 | 50 | 62 | 1 Lacs |
| 9/8/18 | 11.4 | 2.9 | 2200 | 53 | 64 | 1.1 Lacs |
| 5/12/18 | 11.6 | 2.7 | 2800 | 58 | 53 | 1.13 Lacs |
| 13/4/19 | 12.0 | 2.4 | 3000 | 50 | 54 | 1.20 Lacs |
| 18/9/19 | 12.4 | 2.8 | 3600 | 44 | 58 | 1.24 Lacs |
| 20/1/20 | 12.4 | 2.92 | 4200 | 48 | 50 | 1.5 Lacs |
| 26/6/20 | 12.8 | 3.12 | 5000 | 54 | 46 | 1.54 Lacs |
| 12/12/20 | 13.0 | 3.7 | 5600 | 56 | 42 | 1.5 Lacs |
| 13/5/21 | 13.2 | 3.8 | 6000 | 53 | 58 | 1.65 Lacs |
| 9/11/21 | 13.4 | 3.9 | 6500 | 58 | 40 | 1.70 Lacs |
| 10/4/22 | 13.5 | 3.7 | 7200 | 56 | 38 | 1.72 Lacs |
| 8/4/22 | 13.5 | 4.0 | 7500 | 55 | 35 | 1.72 Lacs |
| 26/4/23 | 13.7 | 4.06 | 8010 | 58.4 | 30.2 | 1.74 lacs |

Now she is well and not taking any treatment

Case-3

Age: 23Y/Male

Date of Consultation: 18/1/23

- Aplastic Anemia (since August 2022)
- Bluish and red spot on body
- Gum bleeding
- Nose bleeding
- Need blood transfusion in every 20 days
- Have history of smoking and alcoholism
- Have history of fungal infection

CBC Record

Table 6: Show before homeopathy treatment

| Date | HB | RBC | WBC | Neutrophils | Lymphocytes | Platelets |
|----------|-----|------|------|-------------|-------------|-----------|
| 9/8/22 | 5.3 | 1.70 | 3960 | 30 | 60 | 22000 |
| 21/10/22 | 7.4 | 2.4 | 4.55 | 2.04 | 2.16 | 80000 |
| 2/11/22 | 6.8 | 2.15 | 4.36 | 0.89 | 3.12 | 40000 |
| 25/11/22 | 4.5 | 1.34 | 3.95 | 0.74 | 2.04 | 40000 |
| 28/11/22 | 6.9 | 2.16 | 3.10 | 0.86 | 2.04 | 40000 |
| 17/12/22 | 5.2 | 1.59 | 3.64 | 0.82 | 2.52 | 10000 |
| 3/1/23 | 5.7 | 1.75 | 3.02 | 0.49 | 2.29 | 60000 |
| 18/1/23 | 7.6 | 2.22 | 3900 | 20 | 70 | 6000 |

Table 7: Show after homeopathic treatment

| Date | HB | RBC | WBC | Neutrophils | Lymphocytes | Platelets |
|---------|------|------|------|-------------|-------------|------------|
| 19/1/23 | 7.3 | 2.18 | 4000 | 20 | 69 | 11000 |
| 30/1/23 | 7.5 | 2.42 | 4000 | 22 | 63 | 28000 |
| 10/2/23 | 6.9 | 2.2 | 3800 | 14.2 | 74.4 | 28000 |
| 12/4/23 | 8.5 | 2.55 | 4800 | 24.6 | 58.9 | 1.20 Lacs. |
| 20/8/23 | 13.5 | 4.29 | 4100 | 41 | 49 | 79000 |
| 1/9/23 | 13.4 | 4.26 | 4500 | 40.0 | 46.1 | 95000 |
| 9/9/23 | 12.7 | 4.18 | 4900 | 64 | 34 | 55000 |
| 6/11/23 | 13.1 | 3.93 | 6500 | 36.7 | 48.3 | 1.61 Lacs. |
| 8/12/23 | 13.7 | 4.85 | 6500 | 64.1 | 25.6 | 2.04 Lacs. |

Now he is completely well.

Table 8: Show medication prescribed

| Sr. No. | Name of Medicine | Symptoms |
|---------|------------------|--|
| 1 | Arsenic album | Disintegration of the blood corpuscles, Rapid excessive prostration with sinking of the vital force Extreme restlessness Emaciation & debility, Fever with high temperature Fear of death being left alone Menses to profuse too soon. |
| 2 | Cinchona china | Great debility, Profound debility and hemorrhage from every orifice of the body. Profuse hemorrhage after climacteric Bloody leucorrhoea The quantity & quality of blood altered it becomes thin watery The face is pale & Hippocratic, Eyes are sunken & surrounded by dark rings with ringing & buzzing sound in ears Fever with chill, heat & sweat Painful heaviness in pelvis Apathetic & indifferent. |
| 3 | Natrum mur | Alternation in blood & hence produces anemia Cachectic & chlorotic looks Blue ring around the eyes from loss of blood, Emaciation skin dry harsh yellow great exhaustion Menses irregular usually profuse Hungry yet loose flesh, Pain in back with desire to some firm support Ill effects of grief, fright, anger etc. Wants to be alone to cry. |
| 4 | Ferrum met | Hemorrhage from any orifices, the character of blood is bright red coagulable pale skin Weak & delicate Abuse of quinine Anemic murmur General coldness of extremities Head & face hot, Profuse debilitating sweat Lumbago, Pain in hip joints Tibia Soles & Heel Menses too early, too profuse & long lasting |
| 5 | Eupatorium perf | Known as boneset-bone pain Aching pain in back Fever, Nausea & vomiting throbbing headache Vertigo with sensation of falling left chronic loose cough with coryza & sneezing |
| 6 | Hamamelis Virg | Bleeding from any orifices or from open wound passive venous hemorrhages from any part blood being dark passive & non coagulable Vicarious menstruations, Rhinorrhagia Haemoptysis Haematemesis Malaena Haematuria Menorrhagia |
| 7 | Nitric acid | Haemorrhage from any & every orifices, Hemorrhagic tendency from mouth nose bowel & uterus which is profuse bright red or dark color Hemorrhage after miscarriage or post-partum due to over exertion chronic diseases bright red blood & coagulable with sticking pricking lancinating & splinter like pain, Bleeding piles blood may be bright red & profuse |
| 8 | Phosphorus | Chlorotic anemia at the time of puberty Anti hemorrhagic medicine Haemorrhage is caused by degeneration of tissues & occurs from small in juryorcut, Blood profuse watery bright red blood which is non coagulable. Bleeding from various organ & parts small wound bleeds much Burning in backplanes if broken |

Conclusion

On the basis of investigation i.e. their CBC reports we found that their all parameters of blood reaches to normal standards & there is not any further complaints after even stoppage of Homeopathic medicines for more than one to two years that's why we have found that the Homeopathy medicines can cure Aplastic Anaemia, if the dosages are properly prescribed and taken on that basis of investigation reports from time to time under guidance of Homeopathic Physician.

Biography

Dr. A. K. Dwivedi, BHMS (Gold Medalist), MD, MBA, Ph.D. has been a Registered Homeopath for over 25 years. He is a Professor & HOD: Department of Physiology SKRP Gujarati Homeopathic Medical College, Indore. He is a member of executive council, devi Ahilya Vishwavidyalaya Indore, MP, India, he is Member Scientific Advisory Board (CCRH) Ministry of Ayush, Govt of India. Member Academic Board Madhya Pradesh Medical Science University, Jabalpur MP (India). Director, & CEO Advanced Homeo Health Center & Homeopathic Medical Research Pvt.Ltd. Indore, Madhya Pradesh, India, Editor, "Sehat Evam Surat" (Hindi Monthly Medical Magazine).

Conflict of Interest: Not available

Financial Support: Not available

References

- Dwivedi AK. Aplastic Anemia & Homeopathic for Children's: Observational Studies. *Int J Homeopathic Sci.* 2024;8(1):307-310.
- Dwivedi AK, Chaturvedi V, Dwivedi K (Chaturvedi). Homeopathy: A cure to fatal aplastic Anemia. *Int J Sci Res.* 2022;11(10), Print ISSN: 2277-8179.
- Dwivedi AK. A case study: Aplastic Anaemia. *Paripex: Indian J Res.* 2018;7(6), Print ISSN:2250-1991.
- Dwivedi AK. Iron Deficiency Anemia & Homeopathy Medicines. *Indian J Appl Res.* 2019;9(12).
- Dwivedi AK. Anaemia in females its causes,

prevention, treatment & management with homeopathic remedies. *Paripex. Indian J Res.* 2019;8(6), Print ISSN: 2250-1991.

- Dwivedi AK. Aplastic anaemia & bone marrow diseases its homeopathy treatment. traditional & modern medicine conclave MGM Medical College Indore; c2022 January, 10.13140/RG.2.2.34090.95682.
- Dwivedi AK. Symptomatic relief in sickle cell disease patients by homeopathy medicines. *Advancements in Homeopathic Res.* 2023;8(3):58-60.
- Harrison's Principal of Internal Medicines. 17th Ed.
- Davidsons Principal & practice of Medicines.
- Kent JT. Repertory of Homoeopathic Materia Medica.
- Dubey SK. Text book of Material Medica.
- Choudhari NM. A study on Materia Medica.
- Boericke W. Pocket Manual of Homoeopathic Materia Medica & Repertory.
- Allen HC. Keynotes & characteristics with comparisons of some leading remedies of The Materia Medica with Bowel Nosodes. 8th ed.
- Uniyal P, Kinra R. Materia Medica for Students.

How to Cite This Article

Dwivedi AK. Observational study: Aplastic anemia & homeopathic for adults. *International Journal of Homeopathic Sciences.* 2024;8(2):112-114

Creative Commons (CC) License

This is an open-access journal, and articles are distributed under the terms of the Creative Commons Attribution-Non Commercial-Share Alike 4.0 International (CC BY-NC-SA 4.0) License, which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given and the new creations are licensed under the identical terms.